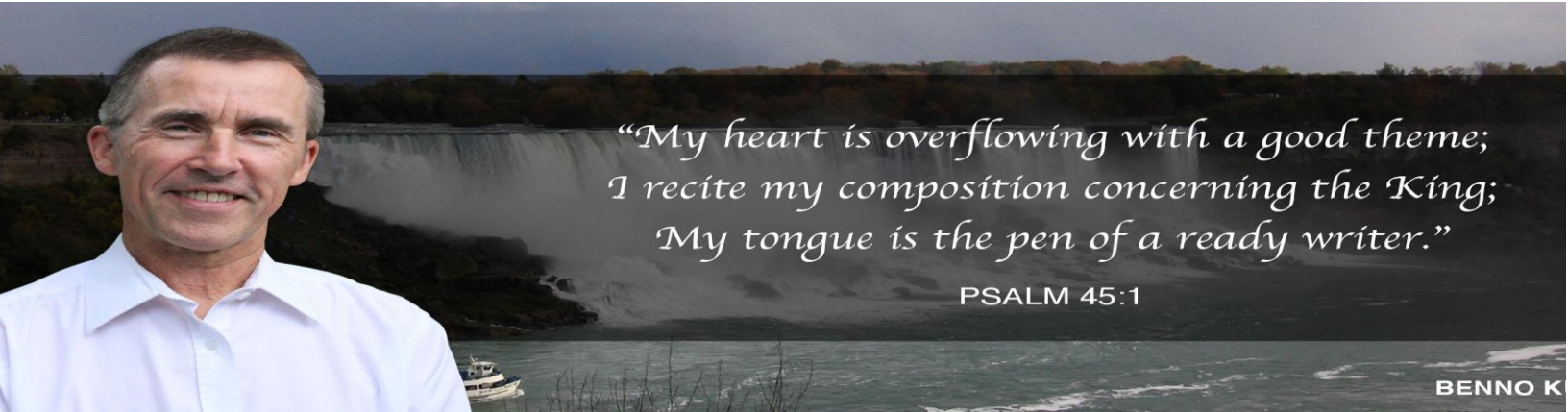


NEWSLETTER #5

April 4, 2026

“Proactive people focus their efforts in the Circle of Influence.” (Stephen R. Covey)



*“My heart is overflowing with a good theme;
I recite my composition concerning the King;
My tongue is the pen of a ready writer.”*

PSALM 45:1

My Little Circle

In the last year, the world has seen wars/violence in Ukraine, Palestine, Nigeria, Haiti, and Iran. With these examples, I’m only scratching the surface—for I do not pay real close attention to the news. In Canada, we’ve witnessed our own assortment of sad events, like the car-ramming attack in Vancouver that killed eleven people, the senseless slaughter of school children and others in Tumbler Ridge, and the recent passing (ramming?) through Parliament of Bill C-9 that represents a potential gathering storm that may soon pour down on religious folk in our country.

I suppose I could get into politics and try to make a difference, but I choose to plug away in my little circle of influence. Right now, that amounts to trying to encourage my fellow Christians whenever I have opportunity—at church and elsewhere—and continue in my writing ministry.

My book that came out last year—*How Do You Read It?*—is not breaking sales records, but it is being read by individuals. I’m receiving little bits of positive feedback here and there, which is good. And two churches are using it in a Bible study.

But now I’m excited to announce that my latest book is scheduled for release on Amazon on April 28th. I hope you’ll purchase a copy of *From Shadow to Substance—A Biblical Study of the Sabbath*. I’ve put a lot of labour into it, writing in long sessions and short spurts over the last thirty years. If you do read it, please give me some feedback afterward—and maybe even an online review.

Cheers, Benno